



# Champaign Park District

## Volunteer Coaching Info Flyer

### Who can volunteer?

Parents, students and interested individuals are welcome. Volunteers may participate as a group (please indicate on application) or as individuals. Volunteer coaching candidates should be at least 18 years of age and are required to pass a criminal background check.

### Our expectations

All volunteer coaches for the Champaign Park District are expected to understand, follow and role model the core values of the Youth Sports programs. These include an emphasis on Sportsmanship, Opportunity, Fun and Instruction. We believe that winning has less to do with the scoreboard and more to do with these core values. We believe in trying to develop a life long passion in being active, whether in sports, the arts, science or nature. We feel that sports provide unique and valuable opportunities in creating confidence, social skills and fun. Our programs strive to focus on the development of youths as people as much as athletes.

### Coaches Training

For most sports coaches training is provided free of charge through the American Sport Education Program online coaching series.

### Equipment

All equipment and first aid supplies are provided by the Champaign Park District.

### What's the next step?

Interested candidates should complete an online Volunteer Coaching Application at <http://www.champaignparkdistrict.com/workvol/volunteer.htm>.

### For even more information

Please check out our website at [http://www.champaignparkdistrict.com/programs\\_events.htm](http://www.champaignparkdistrict.com/programs_events.htm) for a list of specific sport pages. Information like league handbooks and rules are listed there. For questions contact Hsiung Marler at [hsiung.marler@cparkdistrict.com](mailto:hsiung.marler@cparkdistrict.com) or 217-398-2571.

### Other volunteer opportunities

People interested in other non-coaching volunteer opportunities at the Champaign Park District should contact the Volunteer Coordinator at [volunteer@cparkdistrict.com](mailto:volunteer@cparkdistrict.com) or 217-398-2550.

## YOUTH SOCCER LEAGUES (Spring Season)

### About the Leagues

Our most popular youth program in the Park District. This is the second portion of a Fall-Spring League. Some participants will register exclusively in the Spring. New teams may be created for those players. Coaches are needed for these teams as well as existing teams.

### Participant Ages

Various Leagues from 1st to 8th grade. 1st and 2nd grade leagues are coed. Other leagues are gender specific.

### Recommended Experience

Some previous coaching or playing experience is recommended. At the 1st and 2nd grade level previous playing or coaching experience not necessary.

### When to Apply

Apply by mid February.

### Coaches Meeting

Early March. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

### Practices

Practices begin mid-March. Practices are once a week (Middle school teams twice a week). Practice times and locations are set by coaches.

### Games

Games are generally played on Saturdays, April through May. Typically 6 games. Games are played at the Dodds Soccer Complex, except for some middle school games.

### Travel

At the middle school level some local travel may be required outside of Champaign.



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### PONY/COLT BASEBALL LEAGUES (Summer)

#### About the Leagues

May be moving from Urbana league to Rantoul. We will put together one or two teams in each league.

#### Participant Ages

Pony—13-14 yrs old. Colt—15-16 yrs old.

#### Recommended Experience

Previous coaching experience or playing at least at a high school level is required.

#### When to Apply

Apply by mid March.

#### Skills Assessment/Coaches Meeting/Draft

Pony—Early April. Colt—Mid-April. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

#### Practices

Practices begin April. Practices are typically once a week. Practice times/locations are reserved for teams by the Champaign Park District.

#### Games

Games are played at various times during the week, May through July. Approx 16+ games. Possible tournament at end of season.

#### Travel

Some local travel may be required outside of Champaign.

### GIRLS FAST-PITCH SOFTBALL LEAGUES (Summer)

#### About the Leagues

Our youth softball program play their games at the Dodds Softball Complex. With seven softball fields in one space the Dodds Softball Complex is one of the largest complexes of it's kind in Illinois. Urbana Park District has teams that play in the leagues.

#### Participant Ages

Two girls only leagues—Junior Fast-Pitch (9-11 yrs) and Intermediate Fast-Pitch (12-14 yrs).

#### Recommended Experience

Some previous coaching or playing experience is recommended.

#### When to Apply

Apply before mid to late March.

#### Skills Assessment and Coaches Meeting

Mid April. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

#### Practices

Practices are usually once a week. Practice times/locations are reserved for teams by the Champaign Park District. Equipment and first aid supplies are provided by the Champaign Park District.

#### Game days/Locations

Games are played on Tuesday and Thursday nights, June through July. Typically 10 games. Game times are 5:45pm and 8:00pm. As a general rule Junior league plays at 5:45 and Intermediate league plays at 8:00pm. Games are typically played at the Dodds Softball Complex.

#### Equipment

All equipment and first aid supplies are provided by the Champaign Park District.



# Champaign Park District

## Volunteer Coaching Info Flyer

### YOUTH SOCCER LEAGUES (Fall Season)

#### About the Leagues

Our most popular youth program in the Park District. This is the start of the season for a Fall-Spring League.

#### Participant Ages

Various Leagues from 1st to 8th grade. 1st and 2nd grade leagues are coed. Other leagues are gender specific.

#### Recommended Experience

Some previous coaching or playing experience is recommended. At the 1st and 2nd grade level previous playing or coaching experience not necessary.

#### When to Apply

Apply by late July.

#### Coaches Meeting

Mid-August. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

#### Practices

Practices begin mid-August. Practices are once a week (Middle school teams twice a week). Practice times and locations are set by coaches.

#### Games

Games are generally played on Saturdays, September through October. Typically 7 games. Games are played at the Dodds Soccer Complex, except for some middle school games.

#### Travel

At the middle school level some local travel may be required outside of Champaign.

### YOUTH HOOPS BASKETBALL LEAGUES (Winter)

#### About the Leagues

Our popular basketball program runs throughout the winter all over town. Player registration is done through a district (neighborhood) system. There are a minimal number of dates that occur during the university vacation schedule. Accommodations can be made to work around this for interested student volunteers.

#### Participant Ages

Various Leagues from 1st to 8th grades. 1st and 2nd grade leagues are coed. Other leagues are gender specific.

#### Recommended Experience

Previous coaching or playing experience is recommended.

#### When to Apply

Apply by mid October.

#### Skills Assessment and Coaches Meeting

Early November. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

#### Practices

Practices begin early December. Practices are once a week. Practice times and locations are reserved by the Champaign Park District for each team at local gyms. Once set, practices are consistent in time and location through the season. Coaches are asked for their availability before reservations are determined.

#### Games

Games are Saturdays from 8:00am to 1:00pm, January to mid-March. 8 games a season. Game locations are dependent upon leagues. Each league plays at a specific gym. Game locations include Leonhard Recreation Center, Douglass Community Center, Stratton Elementary Gym, Barkstall Elementary Gym. Some middle school games may be played in other local communities.

#### Travel

At the middle school level some local travel may be required outside of Champaign.



# Champaign Park District

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### JUNIOR VOLLEYBALL LEAGUE (Winter)

#### **About the Leagues**

The Junior Volleyball league is a relatively new and growing program for the Champaign Park District. 7 games a season.

#### **Participant Ages**

Leagues are from 5th to 8th grade.

#### **Recommended Experience**

Previous coaching or playing experience is recommended.

#### **When to Apply**

Apply by mid-December.

#### **Coaches Meeting**

Mid-December. Coaches are contacted about exact date one to two weeks out from Coaches Meeting.

#### **Practices**

Pre season practices begin in January. Practices are one hour long on Sunday afternoons at the Leonhard Recreation Center. Practice times are reserved for teams by the Champaign Park District.

#### **Games**

Games are on Monday evenings at the Leonhard Recreation Center, January through early April.